

FAST Alcohol Screening Test (FAST) for the detection of probable hazardous drinking

For the following questions please circle the answer which best applies.

1 drink = 1 unit = 1/2 pint of beer or 1 glass of wine or 1 single spirits

1. **MEN: How often do you have EIGHT or more drinks on one occasion?**
WOMEN: How often do you have SIX or more drinks on one occasion?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

Only ask Questions 2, 3 & 4 if the response to Question 1 is "Less than monthly" or "Monthly"

2. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

3. How often during the last year have you failed to do what was normally expected of you because of drink?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

4. In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

No	Yes, on one occasion	Yes, on more than one occasion	SCORE
0	1	2	

TOTAL	
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FAST POSITIVE
(Score of 3 or more)

YES		NO	
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Additional Consumption Questions:

- A. On how many days of the week do you drink alcohol?
 B. What amount of alcohol do you drink?